Senate Health and Human Services Committee

September 13, 2016
Danette Castle, Executive Director
Texas Council of Community Centers
Community Centers of Texas

1. ACCESS
2. Andrews Center Behavioral Healthcare System
3. Austin Travis County Integral Care
4. Betty Hardwick Center
5. Bluebonnet Trails Community Services
6. Border Region Behavioral Health Center
7. MHMR Authority of Brazos Valley
8. Burke
9. Camino Real Community Services
10. The Center for Health Care Services
11. Center for Life Resources
12. Central Counties Services
13. Central Plains Center
14. Coastal Plains Community Center
15. MHMR Services for the Concho Valley
16. Metrocare Services
17. Denton County MHMR Center
18. Emergency Health Network
19. Gulf Bend Center
20. Gulf Coast Center
21. Harris Center for Mental Health & IDD
22. Heart of Texas Region MHMR Center
23. Helen Farabee Centers
24. Hill Country Mental Health and Developmental Disabilities Centers
25. Lakes Regional MHMR Center
26. LifePath Systems
27. StarCare Specialty Health System
28. Behavioral Health Center of Nueces County
29. Pecan Valley Centers for Behavioral & Developmental Healthcare
30. Permian Basin Community Centers
31. Community Healthcare
32. Spindletop Center
33. MHMR Tarrant
34. Texana Center
35. Texas Panhandle Centers
36. Texoma Community Center
37. Tri-County Services
38. Tropical Texas Behavioral Health
39. West Texas Centers

Texas Council of Community Centers
Factors Impacting Mental Health Service Delivery (Select)

• U.S. Surgeon General identifies mental health as health condition (1999)
• Incompetency determinations in criminal cases [SB 1057] (2003)
• Crisis Response System Appropriation (2007)
• Crisis Response & Outpatient Capacity Appropriations (2009)
• Integrated Care Study [HB 2196] (2009)
• Substance Use Disorder Treatment Medicaid Benefit (2009)
• 1115 Transformation Waiver (2011)
• MH Rehab and TCM into Managed Care [SB 58] (2013)
• Public Awareness: Mental Health First Aid/Speak Your Mind/Okay to Say
• Increased Capacity Appropriations: waitlist, underserved & surge (2013)
• Mental Health First Aid [HB 3793/SB 133] (2013/2015)
• Increased Capacity Appropriations: inpatient, outpatient & crisis (2015)
• Certified Community Behavioral Health Centers [Rider 79] (2015)
HB 2292 (2003)

- Directed reorganization of state Health and Human Service agencies;

- Directed Local MH Authorities to:
  - Implement outcome based approach to mental health service delivery (*Resiliency and Disease Management*);
  - Restrict **target population** to people with major depression, schizophrenia and bipolar disorder;
  - Develop **Jail Diversion** programs for the target population.
Demand for Outpatient Crisis Response

Crisis Outpatient Consumers Served, 2006-2015

Crisis Outpatient Served

Crisis Outpatient Served per 100K Population

- Outpatient
- Outpatient Pop Adjusted


Values: 29,396 27,425 46,179 61,877 63,239 66,567 67,531 70,850 70,216 77,452

Values per 100K Population: 125 115 251 251 259 264 274 261 280 300
Demand for Crisis Facilities

Crisis Residential Consumers Served, 2006-2015

Crisis Residential Served

Crisis Residential Served per 100K Population

25,000

20,000

15,000

10,000

5,000

0


0 10 20 30 40 50 60 70 80 90 100

Residential

Residential Pop Adjusted
Civil Vs Forensic Patient Population of State Hospitals
Includes Montgomery County Mental Health Treatment Facility
Snapshot taken on January 21st of each year. Last data point snapshot of August 4th, 2015
Overview of MH Service Array
Adults & Children

**Statewide**
- Crisis Hotline (accredited)
- Mobile Crisis Outreach Teams
- Crisis Transitional Services
- Intensive Ongoing Services
- Jail Diversion Planning
- Medication-Related Services
- Skills Training (psychosocial rehab)
- Case Management
- Cognitive Behavioral Therapy
- Supported Employment
- Supported Housing
- Assertive Community Treatment
- Benefits Assistance

**Certain Local Service Areas**
- Crisis Stabilization Units
- Extended Observation (23 – 48 hrs)
- Crisis Residential Services
- Crisis Respite Services
- Crisis Step-Down/Local Hospital
- Outpatient Competency Restoration
- Community Hospitals
- Local Hospital Beds
- Substance Use Disorder Services
- Homeless Services
- Peer Support Services
1115 Transformation Waiver [2011]

- Texas leadership is providing an unprecedented opportunity to address unmet behavioral health needs and reduce overall health care costs
- Community Centers actively engage with Regional Healthcare Partnerships
- Community Centers provide IGT
- Community Centers serve as Performing Providers for DSRIP projects
Mental Health Appropriations and the 1115 Transformation Waiver

GAA, FY2014-15, Article II, DSHS Rider 79

GAA, FY2016-17, Article II, DSHS Rider 59

Out of funds appropriated above in Goal B-Community Health Services, Strategies B.2.1, Mental Health Services for Adults, B.2.2, Mental Health Services for Children, and B.2.3, Community Mental Health Crisis Services the Department of State Health Services by contract shall require that $183,223,978 in General Revenue funds provided to the department in this biennium be used to the extent possible to draw down additional federal funds through the 1115 transformation waiver or other federal matching opportunities. Nothing in this section shall relieve a Local Mental Health Authority from an obligation to provide mental health services under the terms of a performance contract with the department or to reduce the amount of such obligation specified in the contract. The department shall report to the Legislative Budget Board and the Governor by December 1, 2014 of each fiscal year on efforts to leverage these funds.
### Table 3. Common Project Areas

<table>
<thead>
<tr>
<th>Project Description</th>
<th>Sample Projects</th>
<th>Number of Community Centers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Improve access to specialty care</td>
<td>Increasing medical staff, implementing new types of programs and increasing the use of telemedicine</td>
<td>10</td>
</tr>
<tr>
<td>Expand the number of community based settings where behavioral health services may be delivered in underserved areas</td>
<td>Outpatient substance abuse, pediatric psychiatric counseling, Veteran counseling and IDD services</td>
<td>19</td>
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<tr>
<td>Develop and implement crisis stabilization services to address identified gaps in the current community crisis system</td>
<td>Crisis residential, respite, observational and mobile units for adolescents and/or adults</td>
<td>23</td>
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<tr>
<td>Design, implement and evaluate research supported and evidence-based interventions tailored toward individuals in the target population</td>
<td>Assertive Community Treatment (ACT) team, Mobile Crisis Outreach Team (MCOT), Crisis Intervention Response Team (CIRT) and Cognitive Adaption and/or Processing Therapy</td>
<td>25</td>
</tr>
<tr>
<td>Design, implement, and evaluate projects that provide integrated primary and behavioral health care services</td>
<td>Co-locate providers, provide physical health services and coordinate physical health care</td>
<td>31</td>
</tr>
<tr>
<td>Recruit, train and support consumers of mental health services to provide peer support services</td>
<td>Whole Health peer assessment/support and Veteran peer support</td>
<td>12</td>
</tr>
</tbody>
</table>

*HHSC data source, 2016*
<table>
<thead>
<tr>
<th>Demonstration Year</th>
<th>IGT</th>
<th>Federal</th>
<th>Total</th>
</tr>
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<tbody>
<tr>
<td>DY2</td>
<td>$116,959,075</td>
<td>$166,166,257</td>
<td>$283,125,332</td>
</tr>
<tr>
<td>DY3</td>
<td>$162,156,587</td>
<td>$224,390,700</td>
<td>$386,547,287</td>
</tr>
<tr>
<td>DY4</td>
<td>$169,305,146</td>
<td>$225,621,717</td>
<td>$394,926,862</td>
</tr>
<tr>
<td>DYS (To Date)</td>
<td>$16,662,052</td>
<td>$22,204,409</td>
<td>$38,866,461</td>
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<tr>
<td>DY2-DY5 Total Paid</td>
<td>$465,082,859</td>
<td>$638,383,083</td>
<td>$1,103,465,942</td>
</tr>
</tbody>
</table>

1 Data Source: HHSC Posting DY2-DY5 Payments to Date by Project 7.13.16
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*HHSC data source, 2016*
Mental Health Resources (LMHA)
DSHS Budget Strategy FY 2016
DSRIP Federal Share DY4

- **B.2.1 - MH Adults Services**
  - $261,266,709
  - 36%

- **B.2.2 - MH Child and Adolescent Services**
  - $59,329,704
  - 8%

- **B.2.3 - MH Crisis Services**
  - $99,902,136
  - 14%

- **C.2.1 - MH Community Hospitals**
  - $75,646,961
  - 11%

- **DSRIP Federal Share DY4**
  - $225,621,717
  - 31%
Table 1. Community Center Clients

<table>
<thead>
<tr>
<th>Unduplicated Clients Served*</th>
<th>DY3(^1) Total</th>
<th>DY4(^2) Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clients Served Regardless of Funding Source</td>
<td>515,663</td>
<td>598,869</td>
</tr>
<tr>
<td>New Clients Served with 1115 Waiver Funds</td>
<td>50,350</td>
<td>80,602</td>
</tr>
<tr>
<td>Existing Clients that Received Enhanced Services with 1115 Waiver Funds</td>
<td>23,728</td>
<td>69,409</td>
</tr>
</tbody>
</table>

\(^1\) Demonstration Year 3; third year of the Waiver  
\(^2\) Demonstration Year 4; fourth year of the Waiver  
* Community Center Profile, Texas Council of Community Centers, 2016
Med/Psych Unit
Inpatient Psych Detox
Crisis Stabilization Services
Residential Treatment
Supported Housing
Intensive Outpatient
Integrated Physical & Behavioral Health Care
Outpatient Treatment
Screening for Mental Health & Substance Use Disorders
Supported Recovery Services
Prevention Services
Navigation Services

System Capabilities
Maximized Use of Technology – Leveraged Funding – Coordinated Care

System Characteristics & Shared Values
Best Practices – Person Centered Care – Cultural & Linguistic Competence
Accountability – Multiple Access Points – Trauma-informed

Strategy 1
$  Promote behavioral wellness & support recovery

Strategy 2
$  Intervene early with effective treatment & support

Strategy 3
$$  Intervene intensively for people with complex needs

Strategy 4
$$$$  Respond effectively to people in crisis