Presentation to the Senate Health and Human Services Committee:
Healthy Texas Women and Family Planning Programs

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Associate Commissioner
Health and Human Services Commission

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Women’s Health in Texas

• Texas is experiencing substantial population growth:
  ➢ Between 2000 and 2013, Texas added 1.2 million more residents, more than any other state, and grew by 4.8%, compared to 2.2% growth for the entire country.
  ➢ In 2014, 42% of women (5.7 million) are of childbearing age.

• Access to health care among women in Texas:
  ➢ In 2014, 78% of women 19-64 years had health insurance coverage.
Medicaid Costs for Preterm Births

• Approximately 53% of all Texas births (213,253) paid by Medicaid.

• Over $3.5 billion per year for birth and delivery-related services for moms and infants in the first year of life.

• Medicaid newborn average costs:
  - Prematurity/low birth weight complications $109,220
  - Full-term birth $572

• In FY 2015, Medicaid paid over $402 million for newborns with prematurity and low birth weight. Care delivered in the neonatal intensive care unit (NICU) is now the costliest episode of medical care for the non-elderly population.
Clients Served

• In order to receive services, potential clients must meet certain eligibility requirements.

• For all programs, eligibility is determined by:
  - Residency status
  - Income level
  - Family size
  - Healthcare needs

<table>
<thead>
<tr>
<th>Number of Clients</th>
<th>FY 2010</th>
<th>FY 2011</th>
<th>FY 2012</th>
<th>FY 2013</th>
<th>FY 2014</th>
<th>FY 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Planning</td>
<td>212,477</td>
<td>195,709</td>
<td>82,953</td>
<td>48,902</td>
<td>55,869</td>
<td>66,118</td>
</tr>
<tr>
<td>Breast and Cervical Cancer Screening</td>
<td>33,483</td>
<td>35,911</td>
<td>37,748</td>
<td>36,718</td>
<td>33,599</td>
<td>34,376</td>
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<tr>
<td>Expanded Primary Health Care</td>
<td></td>
<td></td>
<td></td>
<td>147,083</td>
<td>158,209</td>
<td></td>
</tr>
<tr>
<td>Women's Health Program/ Texas Women's Health Program</td>
<td>107,567</td>
<td>127,536</td>
<td>126,473</td>
<td>115,440</td>
<td>114,441</td>
<td>105,205</td>
</tr>
<tr>
<td>Total</td>
<td>353,527</td>
<td>359,156</td>
<td>247,174</td>
<td>201,060</td>
<td>350,992</td>
<td>363,908</td>
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</table>
Provider Enrollment: Process

• In order to administer any women’s health program, a potential provider must first be an approved Texas Medicaid provider and must sign an affiliate affirmation form.
• Healthy Texas Women providers provide services on a fee-for-service basis and have the option of contracting with the state through an Open Enrollment process to provide additional support services.
• The Family Planning and Breast and Cervical Cancer Services (BCCS) programs select providers based on the results of an Open Enrollment process.
  ➢ Direct services are provided on a fee-for-service basis.
## Provider Enrollment: Numbers

### Number of Providers

<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td><strong>Family Planning</strong></td>
<td>77</td>
<td>73</td>
<td>57</td>
<td>41</td>
<td>18</td>
<td>18</td>
<td>18</td>
</tr>
<tr>
<td><strong>Breast and Cervical Cancer Screening</strong></td>
<td>43</td>
<td>47</td>
<td>44</td>
<td>43</td>
<td>41</td>
<td>41</td>
<td>38</td>
</tr>
<tr>
<td><strong>Expanded Primary Health Care</strong></td>
<td></td>
<td></td>
<td></td>
<td>54</td>
<td>58</td>
<td>58</td>
<td></td>
</tr>
<tr>
<td><strong>Women's Health Program/ Texas Women's Health Program</strong></td>
<td>1,647</td>
<td>1,328</td>
<td>1,357</td>
<td>3,853</td>
<td>4,097</td>
<td>4,603</td>
<td>4,713</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1,767</td>
<td>1,448</td>
<td>1,458</td>
<td>3,937</td>
<td>4,210</td>
<td>4,720</td>
<td>4,827</td>
</tr>
</tbody>
</table>

### Number of Clinics

<table>
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<tr>
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<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Planning</strong></td>
<td>294</td>
<td>291</td>
<td>214</td>
<td>124</td>
<td>89</td>
<td>105</td>
<td>105</td>
</tr>
<tr>
<td><strong>Breast and Cervical Cancer Screening</strong></td>
<td>245</td>
<td>218</td>
<td>216</td>
<td>212</td>
<td>196</td>
<td>203</td>
<td>196</td>
</tr>
<tr>
<td><strong>Expanded Primary Health Care</strong></td>
<td></td>
<td></td>
<td></td>
<td>220</td>
<td>280</td>
<td>280</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>539</td>
<td>509</td>
<td>430</td>
<td>336</td>
<td>505</td>
<td>588</td>
<td>581</td>
</tr>
</tbody>
</table>
Healthy Texas Women (HTW) is for women who meet the following qualifications:

- Are 15 to 44 years of age,
- Are a U.S. citizen or legal permanent resident,
- Are Texas residents,
- Are not pregnant,
- Do not have health insurance, and
- Have a household income at or below 200 percent of the Federal Poverty Limit.

* HTW serves women who are sterile or infertile.
Healthy Texas Women

<table>
<thead>
<tr>
<th>Program Details</th>
<th>Covered Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Client Eligibility:</strong></td>
<td></td>
</tr>
<tr>
<td>➢ Women ages 15-44 (Ages 15-17 with parental consent)</td>
<td>➢ Pelvic examinations</td>
</tr>
<tr>
<td>➢ 200% Federal Poverty Level</td>
<td>➢ Contraceptive Services</td>
</tr>
<tr>
<td>➢ Citizen/Eligible Immigrant</td>
<td>➢ Pap tests</td>
</tr>
<tr>
<td>➢ Not pregnant</td>
<td>➢ Screening for hypertension, diabetes, cholesterol</td>
</tr>
<tr>
<td>➢ 5,342 providers</td>
<td>➢ Sexually transmitted infection (STI) services</td>
</tr>
<tr>
<td><strong>Eligibility Determinations:</strong></td>
<td>➢ Sterilizations</td>
</tr>
<tr>
<td>➢ Client eligibility is determined by HHSC</td>
<td>➢ Breast and Cervical Cancer Screenings and Diagnostic Services</td>
</tr>
<tr>
<td>➢ Clients may apply through a paper application or online</td>
<td>➢ Immunizations</td>
</tr>
<tr>
<td>➢ Services delivered on a fee-for-service basis</td>
<td>➢ Cervical Dysplasia treatment</td>
</tr>
<tr>
<td></td>
<td>➢ Other preventative services</td>
</tr>
</tbody>
</table>
Healthy Texas Women

Automatic Enrollment Process

Client covered under Medicaid for Pregnant Women

Pregnancy ends

HHSC system triggered for HTW auto enrollment

Woman begins receiving HTW coverage

Medicaid coverage terminates 60 days postpartum
Medicaid Benefit for Pregnant Women

- Medicaid covered services for pregnancy includes all regular acute care benefits as well as:
  - Prenatal/antenatal and postnatal visits, including ultrasounds and other diagnostic procedures, hydroxyprogesterone (17P) administration, and genetic testing such as noninvasive prenatal testing,
  - Delivery services in the hospital, birthing centers and home,
  - Fetal or in utero procedures, including echocardiographs, chorionic villus sampling, and some fetal surgery, and
  - Tobacco use cessation.
Family Planning

- Family Planning is for men and women who meet the following qualifications:
  - Are 64 or younger,
  - Are Texas residents,
  - Have a household income at or below 250 percent of the Federal Poverty Limit,
  - Must not be eligible for any similar program, including the HTW Fee-For-Service program, and
  - Eligibility is determined at the point of service by family planning contractors.
Eligibility

- Women and Men
- Age 64 or younger
- 250% of the Federal Poverty Level (FPL)
- Texas residents
- Must not be eligible for any similar program, including the HTW Fee-For-Service program
- Eligibility is determined at the point of service by family planning contractors
- Since implementation we have seen a steady increase in providers

Covered Services

- Pelvic exam
- Contraceptive Services
- Pap tests
- Screening for hypertension, diabetes, cholesterol
- Sexually transmitted infection (STI) services
- Sterilizations
- Breast and cervical cancer screening and diagnostic services
- Immunizations
- Prenatal Services
• CHIP Perinatal Clients:
  ➢ Clients covered under CHIP Perinatal will not be eligible for automatic enrollment into HTW.
  ➢ Once a woman’s pregnancy ends, she may be eligible to receive Family Planning Program coverage for reproductive health care services.
  ➢ Clients can locate a Family Planning provider at www.HealthyTexasWomen.org.
Woman finds out she is pregnant

- Screened as presumptively eligible for Medicaid for Pregnant Women by a Qualified Entity
- Client determined eligible for Medicaid for Pregnant Women
- Pregnancy ends
- HHSC system triggered for Healthy Texas Women (HTW) auto enrollment
- Medicaid coverage terminates 60 days postpartum
- Woman is covered by HTW on day 61

- Receives limited prenatal services through Family Planning Program (FP)
- Client approved for CHIP-P
- Pregnancy ends
- Receives 2 visits postpartum
- Referred to Family Planning Program
- Screened as eligible for FP and begins receiving family planning services
Breast and Cervical Cancer Services

Program Details

- Priority populations:
  - Women 50-64 for breast screenings
  - Women 21-64 for cervical screenings
- Income at or below 200% FPL
- $12.3 Million (Fed/GR) annually
- 38 Contractors / 196 Clinics
- 34,376 Clients served (FY2015)
- 1,735 Medicaid for Breast and Cervical Cancer (MBCC) Applications Processed (FY2015)

Covered Services

- Clinical Breast Exam
- Mammograms
- Pelvic Examination
- Pap tests
- Diagnostic services for women with abnormal breast or cervical cancer test results
- Cervical dysplasia treatment
- Individualized case management
- Assist clients in need of treatment to apply to the Medicaid for Breast and Cervical Cancer (MBCC) program
• Long-acting reversible contraception (LARC, such as intrauterine devices and contraceptive implants) is a safe and highly beneficial contraceptive.
  
  ➢ Highly effective method of contraception
  ➢ Highest continuation and satisfaction rates
  ➢ Can be used by most women
  ➢ Increased use may reduce unintended pregnancy rates
  ➢ The American College of Obstetricians and Gynecologists (ACOG) recommends offering LARC methods as first-line contraceptive methods and supports post-partum insertion of LARC as safe, effective, and advantageous


On January 1, 2016, HHSC implemented several policy changes in an effort to increase access to and utilization of LARC in Texas Medicaid and the Texas Women’s Health Program (TWHP).


The LARC Toolkit was published in June 2016 at www.healthytexaswomen.org.
# LARC Utilization Rates

## Women served who received LARC
(of total women receiving contraceptives)

<table>
<thead>
<tr>
<th>Program</th>
<th>FY 2012</th>
<th>FY 2013</th>
<th>FY 2014</th>
<th>FY 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid Clients</td>
<td>6.5%</td>
<td>5.9%</td>
<td>6.7%</td>
<td>7.5%</td>
</tr>
<tr>
<td></td>
<td>31,094</td>
<td>28,805</td>
<td>31,980</td>
<td>37,760</td>
</tr>
<tr>
<td>Texas Women’s Health Program Clients</td>
<td>6.9%</td>
<td>7.2%</td>
<td>9.2%</td>
<td>10.8%</td>
</tr>
<tr>
<td></td>
<td>5,958</td>
<td>5,023</td>
<td>5,316</td>
<td>5,926</td>
</tr>
<tr>
<td>Family Planning Clients</td>
<td>5.1%</td>
<td>7.8%</td>
<td>13.8%</td>
<td>13.3%</td>
</tr>
<tr>
<td></td>
<td>3,113</td>
<td>2,798</td>
<td>3,200</td>
<td>2,918</td>
</tr>
<tr>
<td>Expanded Primary Health Care Clients</td>
<td></td>
<td></td>
<td>9.1%</td>
<td>12.2%</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>5,680</td>
<td>6,856</td>
</tr>
</tbody>
</table>
Outreach Initiatives

• Current outreach initiatives include:
  ➢ Complete website redesign
  ➢ Outreach campaign
    • TV Ads
    • Radio Ads
    • Social Media
    • Stakeholder Fact Sheets
  ➢ Contractor Conference

• The new HealthyTexasWomen.org launched on August 31, 2016.

• For information about Zika, please visit: www.texaszika.org