The Northeast Texas Regional Healthcare Partnership (RHP 1)

Presented to the
Senate Committee on Health & Human Services
As the only academic medical center in rural Northeast Texas, we serve a region the size of West Virginia, a population of over 1.3 million, and have an annual impact of nearly half a billion dollars.

We exist to meet the needs of our region and State through our three-part mission:

**RESEARCH**

**PATIENT CARE**

**EDUCATION**
UT Health Northeast has three roles in the 1115 Waiver:

- **Anchor**: Administrator for the Northeast Texas Regional Healthcare Partnership, roughly $456 million partnership with three dozen providers, including hospitals, mental health authorities, and public health departments

- **Provider**: Responsible for $155 million in DSRIP projects

- **IGT Entity**: Provides the non-federal share of waiver payments based on Federal Medical Assistance Percentages (FMAP)
Northeast Texas is older, poorer, less well educated and at greater risk of early death than the state average.
Healthcare Challenges

• **Primary Care Workforce:** In some areas, the ratio of patients to primary care providers is five times worse than the statewide average and *eight times worse than the national benchmark.*

• **Behavioral Health Workforce:** The ratio of patients to mental health providers in some communities is nearly 25,000 to 1, *seven times worse than the state average.*

• **Mental/Behavioral Health:** An estimated 85,000 individuals in the region have a serious mental illness and 113,000 need treatment for substance abuse but do not receive it. *The region has a suicide rate 65% higher than the rate for Texas.*
Health Outcomes & Risk Factors

• **Health Outcomes:** Over half of counties in Northeast Texas are in the bottom quartile of counties in health outcomes.

• **Health Risk Factors:** Over one third of counties in Northeast Texas are in the bottom quartile of counties in health risk factors.

• **Potentially Preventable Hospitalizations:** $2.8 billion in unnecessary charges from 2005-2010.
The regional health plan includes projects by a diverse provider base.

<table>
<thead>
<tr>
<th>Provider Type</th>
<th>Total Providers</th>
<th>Total Projects</th>
<th>% of Plan Projects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Hospital or Academic Health Science Center</td>
<td>9</td>
<td>41</td>
<td>39.8%</td>
</tr>
<tr>
<td>Privately Owned or Controlled</td>
<td>10</td>
<td>38</td>
<td>36.9%</td>
</tr>
<tr>
<td>Local Mental Health Authority</td>
<td>5</td>
<td>22</td>
<td>21.4%</td>
</tr>
<tr>
<td>Public Health Department</td>
<td>2</td>
<td>2</td>
<td>1.9%</td>
</tr>
</tbody>
</table>
Regional Health Plan

- Clear focus of the regional health plan is on addressing the most pressing community needs

<table>
<thead>
<tr>
<th>Community Need</th>
<th>Total Projects</th>
<th>Total Value</th>
<th>% of Plan (Value)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary &amp; Specialty Care</td>
<td>37</td>
<td>$183.2m</td>
<td>41.99%</td>
</tr>
<tr>
<td>Behavioral Health Services</td>
<td>21</td>
<td>$78.5m</td>
<td>17.99%</td>
</tr>
<tr>
<td>Care Navigation (ED Use)</td>
<td>13</td>
<td>$46.8m</td>
<td>10.72%</td>
</tr>
<tr>
<td><strong>TOP 3 PROJECT AREAS:</strong></td>
<td><strong>71</strong></td>
<td><strong>$308.5m</strong></td>
<td><strong>70.7%</strong></td>
</tr>
</tbody>
</table>
Sample Projects

- **Primary/Specialty Care**: Creation of medical homes, expanded hour clinics, pediatric obesity interventions, emergency room diversion programs, pediatric asthma.

- **Behavioral Health**: Crisis stabilization centers, jail diversion projects, behavioral-physical health integration, technology infrastructure to better coordinate care.

- **Other**: Community health worker training, potentially preventable admissions/readmissions reduction programs, cancer screening and early detection.
Initial Outcomes

- At least 500,000 new encounters for patients in underserved rural communities.
  - At least 50,000 encounters in behavioral health
  - Primary care, care coordination, and medical home account for the largest amount of new encounters and individuals served

- Provider-level quality indicators are trending upwards.
  - Primary Care & Chronic Disease Management
  - Potentially Preventable Admissions & Readmissions
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