Inpatient Mental Health Planning:
Presentation to the Senate Committee on
Health and Human Services

Mike Maples, Deputy Commissioner
Lauren Lacefield Lewis, Assistant Commissioner
Department of State Health Services
June 16, 2016
Senate Bill 200 (84R): Mental Health and Substance Abuse Program Transfers

- SB 200 Requirements include movement of client services and facility operations to the Health and Human Services Commission (HHSC)
- DSHS Transfers
  - Client services (community mental health) moves to HHSC on September 1, 2016
  - State hospitals moves to HHSC on September 1, 2017
- DSHS maintains state hospital system operations in the upcoming fiscal year
• ~2,000 acres

• 557 buildings

• ~$900 million replacement value

• Building construction dates between 1857-1996

• Average age of hospitals of >55 years old
### State Hospital Facilities

<table>
<thead>
<tr>
<th>Facility</th>
<th>Year Founded</th>
<th>Facility</th>
<th>Year Founded</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austin State Hospital</td>
<td>1857</td>
<td>Rio Grande State Center</td>
<td>1962</td>
</tr>
<tr>
<td>Big Springs State Hospital</td>
<td>1938</td>
<td>Rusk State Hospital</td>
<td>1878</td>
</tr>
<tr>
<td>El Paso Psychiatric Center</td>
<td>1996</td>
<td>San Antonio State Hospital</td>
<td>1892</td>
</tr>
<tr>
<td>Kerrville State Hospital</td>
<td>1951</td>
<td>Terrell State Hospital</td>
<td>1885</td>
</tr>
<tr>
<td>North Texas State Hospital</td>
<td>1917</td>
<td>Waco Center for Youth</td>
<td>1919</td>
</tr>
</tbody>
</table>
2,216 State Hospital Patients by Commitment Type
Data as of June 6, 2016

- Civil Patients: 1,062
- Forensic, Non-Maximum Security: 918
- Forensic-Maximum Security: 236
# State Hospital Population by Facility

as of June 6, 2016

<table>
<thead>
<tr>
<th>Facility</th>
<th>Funded Capacity</th>
<th>Current Total Census</th>
<th>Forensic Census</th>
<th>Civil Census</th>
<th>Forensic NON-MSU Census</th>
<th>MSU Forensic Census</th>
<th>MSU Civil Census</th>
<th>Total MSU Census</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austin State Hospital</td>
<td>299</td>
<td>253</td>
<td>113</td>
<td>140</td>
<td>113</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Big Springs State Hospital</td>
<td>200</td>
<td>187</td>
<td>152</td>
<td>35</td>
<td>152</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>El Paso Psychiatric Center</td>
<td>74</td>
<td>67</td>
<td>8</td>
<td>59</td>
<td>8</td>
<td>0</td>
<td>0</td>
<td>0</td>
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<tr>
<td>Kerrville State Hospital</td>
<td>202</td>
<td>191</td>
<td>190</td>
<td>1</td>
<td>190</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>North Texas State Hospital</td>
<td>640</td>
<td>557</td>
<td>350</td>
<td>207</td>
<td>151</td>
<td>199</td>
<td>25</td>
<td>224</td>
</tr>
<tr>
<td>Rio Grande State Center</td>
<td>55</td>
<td>55</td>
<td>15</td>
<td>40</td>
<td>15</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Rusk State Hospital</td>
<td>325</td>
<td>240</td>
<td>171</td>
<td>69</td>
<td>134</td>
<td>37</td>
<td>1</td>
<td>38</td>
</tr>
<tr>
<td>San Antonio State Hospital</td>
<td>302</td>
<td>251</td>
<td>95</td>
<td>156</td>
<td>95</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Terrell State Hospital</td>
<td>288</td>
<td>252</td>
<td>114</td>
<td>138</td>
<td>114</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Waco Center for Youth</td>
<td>78</td>
<td>73</td>
<td>0</td>
<td>73</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Montgomery County Mental Health Facility</td>
<td>94</td>
<td>90</td>
<td>90</td>
<td>0</td>
<td>90</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td><strong>OVERALL</strong></td>
<td><strong>2,557</strong></td>
<td><strong>2,216</strong></td>
<td><strong>1,298</strong></td>
<td><strong>918</strong></td>
<td><strong>1,062</strong></td>
<td><strong>236</strong></td>
<td><strong>26</strong></td>
<td><strong>262</strong></td>
</tr>
</tbody>
</table>
State Hospital Long Term Plan

• Overview: Article II, Rider 83, 83rd Legislature; recommendations informed by CannonDesign report

• Key recommendations:
  • Transform and clarify role of state and local hospitals
  • Expand access through local contracting
  • Replace and renovate state hospitals
  • Pursue academic affiliations
  • Consider university or other partnerships for hospital operations
  • Address other critical issues
State Hospital Long Term Plan: Replacement

- **5 hospitals identified for replacement**

<table>
<thead>
<tr>
<th>State Hospital</th>
<th>Prep Cost*</th>
<th>Replacement Cost*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austin State Hospital</td>
<td>$14.1 M</td>
<td>$188.7 M</td>
</tr>
<tr>
<td>North Texas State Hospital – Wichita Falls</td>
<td>$10.0 M</td>
<td>$133.3 M</td>
</tr>
<tr>
<td>Rusk State Hospital</td>
<td>$13.4 M</td>
<td>$179.6 M</td>
</tr>
<tr>
<td>San Antonio State Hospital</td>
<td>$14.1 M</td>
<td>$188.4 M</td>
</tr>
<tr>
<td>Terrell State Hospital</td>
<td>$13.5 M</td>
<td>$180.3 M</td>
</tr>
</tbody>
</table>

Source: Rider 83- State Hospital Long-Term Plan, DSHS, January 2015. Preparation costs include planning, design, bid proposal, and other costs prior to actual construction. Replacement and Renovation costs include demolition of unused and unsafe buildings.
State Hospital Long Term Plan:
Renovation

- 5 hospitals identified for renovations

<table>
<thead>
<tr>
<th>State Hospital</th>
<th>Prep Cost*</th>
<th>Renovation Cost*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rio Grande State Center</td>
<td>$0.8 M</td>
<td>$8.2 M</td>
</tr>
<tr>
<td>North Texas – Vernon</td>
<td>$4.4 M</td>
<td>$45.7 M</td>
</tr>
<tr>
<td>Big Springs State Hospital</td>
<td>$4.0 M</td>
<td>$40.9 M</td>
</tr>
<tr>
<td>Kerrville State Hospital</td>
<td>$4.9 M</td>
<td>$50.0 M</td>
</tr>
<tr>
<td>El Paso Psychiatric Center</td>
<td>$1.1 M</td>
<td>$14.7 M</td>
</tr>
</tbody>
</table>

Source: Rider 83- State Hospital Long-Term Plan, DSHS, January 2015. Preparation costs include planning, design, bid proposal, and other costs prior to actual construction. Replacement and Renovation costs include demolition of unused and unsafe buildings.
• Collaboration with University of Texas School of Architecture
  • Analysis and planning options for the potential replacement of Rusk State Hospital
  • Production of pre-master plan documents

• Goals:
  • Create building concepts and a campus layout to ensure more effective treatment and care services
  • Develop materials that would be transferable to other hospitals and campuses, thus reducing planning efforts for other facilities.

• Report to be completed by January 2017
• HHSC, DADS, DSHS, GLO, and TFC are conducting feasibility study for replacing Austin State Hospital (ASH)
  • PAGE Engineering contracted to conduct study
• Options:
  • Relocating ASH at a new site
  • Rebuilding ASH at current campus
  • Co-locating ASH with Austin State Supported Living Center (SSLC) on the ASH campus or Austin SSLC campus
  • Co-locating ASH with Austin SSLC at a new site
• Timeline:
  • Public Hearings on June 15 (Austin), June 20 (San Marcos), and June 22 (Georgetown)
  • Report due September 1, 2016
Deferred Maintenance Funding Requests: Fiscal Years 2008 - 2017

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>Need (Millions)</th>
<th>Amount Requested (Millions)</th>
<th>Amount Funded (Millions)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008-2009</td>
<td>$199</td>
<td>$45</td>
<td>$27</td>
</tr>
<tr>
<td>2010-2011</td>
<td>$198</td>
<td>$68</td>
<td>$26</td>
</tr>
<tr>
<td>2012-2013</td>
<td>$166</td>
<td>$69</td>
<td>$0</td>
</tr>
<tr>
<td>2014-2015</td>
<td>$181</td>
<td>$77</td>
<td>$33</td>
</tr>
<tr>
<td>2016-2017</td>
<td>$198</td>
<td>$89</td>
<td>$18</td>
</tr>
</tbody>
</table>
Rusk State Hospital: Regulatory Findings

- December 2015 and March 2016:
  - Centers for Medicare & Medicaid Services (CMS) issued findings that Rusk State Hospital did not meet Conditions of Participation as Medicare provider

- Summary of findings:
  - Mold in patient-use buildings
  - Unsanitary conditions in patient-use and food prep areas
  - Presence of soft ceilings/light fixtures that present suicide risk
  - Inadequate staffing presence in suicide-risk areas, etc.
• **Plan of Correction**
  - Temporary relocation of patients at Rusk and other hospitals
  - Expedited repairs and remediation work
  - 24/7 staffing of areas with soft ceilings

• **Current Timeline:**
  - CMS cleared Rusk of findings
  - Need to harden soft ceilings throughout the campus
  - Rusk continues to work on renovations to address suicide-risk areas and other issues

• **Costs to Address:**
  - Nearly $400,000 expended to address CMS findings
  - Additional expenditures anticipated for ceiling hardening
Rider 86.a: University Partnerships

• Ongoing conversations with several institutions, including:
  • University of Texas Rio Grande Valley
  • Texas Tech University
  • University of Texas Northeast
  • UNT Health Sciences System
  • UTHSC San Antonio
  • University of Texas Medical Branch

• Potential advantages:
  • Medical and psychiatric services in state hospitals
  • Training opportunities for psychiatric residents
  • Potential for more integrated medical and behavioral healthcare
  • Recruitment of physicians and staff
  • Residency and internship programs

• Report due to the Legislature September 1, 2016
Rider 86a: Psychiatric Rotations in Public Mental Health

- Participating Academic Institutions:
  - University of Texas Health Science Center at San Antonio
  - University of Texas Southwestern
  - Texas Tech University El Paso
  - University of Texas Northeast
  - University of Texas Rio Grande Valley

- Psychiatric residency rotations throughout the state:
  - San Antonio State Hospital
  - Kerrville State Hospital
  - Terrell State Hospital
  - Dallas Metrocare Services
  - El Paso Psychiatric Center
  - Mental Health Mental Retardation Authority of Harris County
  - University of Texas Southwestern Medical Center
  - Tarrant County Hospital District
  - Austin Travis County Integral Care