Restoring Innocence. Strengthening Families.

- Established 1901
- Accredited by Council on Accreditation — 16 years
- Certified as Trauma Informed agency
- Only agency in Texas to participate in national Residential Transformation Project — *Alliance for Strong Families & Communities*

Served nearly 5000 children and families in 2015

- RESIDENTIAL PROGRAMS
- FAMILY STRENGTHENING PROGRAMS
- MENTAL HEALTH CLINIC
Residential Treatment Center
We provide long term care for children ages five through 12 who are faced with emotional challenges due to chronic trauma from prolonged abuse, neglect or abandonment in a trauma-informed environment.

Family Strengthening
We offer a continuum of trauma-informed prevention and intervention services for families tailored to fit their needs. Family Strengthening Programs include: Compadres y Compadres®, which services any male caregiver; Nurse-Family Partnership works with first-time, low income mothers; and iPARENT SA® offers various service tracks to work with teen parents as well as any caregiver with children ages 0-17 years of age.

Foster Care
We provide a therapeutic foster care and adoption program. Foster homes provide care for children birth through 18 years old who have faced acute or chronic trauma associated with abuse, neglect or abandonment.

Adoption
Foster parents may elect to adopt children when their biological parent’s rights have been terminated.

Emergency Shelter
In a trauma-informed environment, we provide temporary, safe care for children birth to 16 who have been removed from their homes due to traumatic experiences such as domestic violence, abuse, neglect or abandonment.

Mental Health
Our mental health programs complete our continuum of care. We offer trauma-informed services to all children and families participating in our family of services. We help children and families cope with and heal from previous exposure to violence, child abuse, neglect or abandonment.
Attachment, Regulation, and Competency Model® (ARC®)

is a framework for intervention with youth and families who have experienced multiple, and/or prolonged traumatic stress. ARC identifies three core domains that are frequently impacted among traumatized youth, and which are relevant to future resiliency, attachment, regulation and competency.

Trust-Based Relational Interventions® (TBRI®)
is an emerging intervention model for a wide range of childhood behavioral problems. It is a family-based intervention that is designed for children who have experienced relationship-based traumas, such as institutionalization, multiple foster placements, maltreatment and or neglect.

Trauma-Focused Cognitive Behavioral Therapy® (TF-CBT®)
is a psychosocial treatment model designed to treat post-traumatic stress and related emotional and behavioral problems in children and adolescents.
Continuum of care.
Children in Conservatorship in Region 8
Who are they and what happens to them?

JANE BURSTAIN
Director of CPS
Systems Improvement

September 10, 2015
Children in Foster Care Have slightly higher needs

Levels of care for children 0-17 in Foster Care

Data source: DFPS data warehouse report SA_01, excludes children with a blank or end-dated LOC
Children are less likely to reunify
Exits to Reunification through July

Data source: DFPS data warehouse report PMAT_01
Residential Treatment Center Statistics

RESIDENTIAL TREATMENT CENTER

- **36 Bed Facility** for children ages 5 to 12
- Average stay is **295 days**
- **Served 60 children** in Fiscal Year 15

Discharged 26 — All discharged to less restrictive environment

- 6 discharged to *bio parent*
- 4 discharged to *kin*
- 2 discharged to *adoptive family*
- 14 discharged to *therapeutic foster homes*
Residential Treatment Center
Model to Permanency

Phase 1
- Child arrives at RTC
- Psycho education about trauma
- Family engagement meeting:
  Parents, CPS, CASA, Attorneys, and other providers
- TBRI® & SAMA training for parent
- Discuss structure and routine in current and new setting
- Start obtaining psychiatric and medical providers
- Discuss life changes & Goals
- Court information - bio families
- Begin - campus visits
- Introduce Family
- Strengthening Support

Phase 2
- Engage in family therapy
- Complete CANS caregiver assessment on parent
- Parenting traumatized children training
- Visits on campus
- Discuss life changes
- Discuss triggers of child's behaviors and of parents
- Involvement in our services
- Discuss/create safety plans
- Increase collaboration with other providers
- Transition plan
- Family engagement meeting
- Child care for therapy sessions
- Discuss off-campus visits
- Continue Family
- Strengthening Support

Phase 3
- Define respite and child care
- Attend psychiatric, medical, and ARDs at RTCI and current school
- Family engagement meetings to discuss discharge
- Discuss life changes
- Identified and make appointments for psychiatric, medical, dental, school.
- Transition plan
- Overnight visits
- Determination of exit to permanency
Recommendations
Model to Permanency

- Tailored Service Plan for child and family
- Trauma informed environment & treatment
- Evidence based practices
- Family Engagement
- Wrap-Around Services
- After-care services
- Rework RTC Contracts & Funding
ANNETTE RODRIGUEZ
President/CEO

(210) 212 2573
aro driguez@chshe l.org